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| 1.Co-operate with nappy change  |
| 2. Wash hands with use of soap, water and paper towels with awareness of appropriate expectations when turning on taps etc  |
| 3.Begin to indicate awareness of toileting or when wet etc  |
| 4.Use toilet or potty with adult support to aid with clothing and organisation of steps to follow eg toilet, flush, clothing, hand wash  |
| 5. Use toilet and wash hands independently  |

More self-help skills:

Own coat (find / put on / take off and fastening)

Organising own belongings – putting away on coming into nursery / getting ready for home

Wipe own nose and throw tissue into bin